

**EATING INDIA: EXPLORING THE FOOD AND CULTURE  
OF THE LAND OF SPICES**

**Matthew Sara Anes**

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**Eating India: An Odyssey into the Food and Culture of the Land of Spices by Chitrita Banerji**

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Review: Eating India: Exploring the Food and Culture of the Land of Spices by Chitrta BanerjiChitrta Banerji goes in search of 'authentic' India.

Publisher's Summary: In Eating India, the award-winning writer Chitrta Banerji takes us on a thrilling journey through a national food formed by generations of.

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In "Eating India," award-winning food writer and Bengali food expert Chitrta Banerji takes readers on a marvelous odyssey through a national cuisine formed by generations of arrivals, assimilations, and conquests. Now, off on a quest for some Indian snacks- maybe starting off with some great pani puri and bhel puri.

EventhoughIhavereadgreatreviewsofthisbookitdidnotsuitmypalate. Not that this wasn't interesting but I wish the book was more about food and not about its history or philosophy. What I expected to be a sumptuous culinary ride of different cuisines in India was a poorly researched soggy mess of half cooked stories. The author never ventures out of her comfort zone. ListswithThisBook.The author, who is a native Bengali, travels around India to explore the diversity of Indian cooking.