

**THE NO-DROP ZONE: EVERYTHING YOU NEED TO  
KNOW ABOUT THE PELOTON, YOUR GEAR, AND  
RIDING STRONG**

**Mariye Akhavan**

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Editorial Reviews. Review. "The No-Drop Zone has all the answers. While geared mainly The No-Drop Zone: Everything You Need to Know about the Peloton, Your Gear, Brady also details the enormous fitness benefits of riding in a group. .. Great book, has everything you need to understand and learn about cycling.

, English, Book edition: The No-Drop Zone [electronic resource]: Everything You Need to Know about the Peloton, Your Gear, and Riding Strong. Brady.

The Paperback of the The No-Drop Zone: Everything You Need to Know about the Peloton, Your Gear, and Riding Strong by Patrick Brady.

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